

Message From Your ACHE Regent Spring 2022

Dear fellow members,

I hope you are each doing well, that you are healthy and taking care of yourself. It has been a long and hard two years in so many ways. I am writing this spring message on the plane, on my way home from ACHE's 2022 Congress on Healthcare Leadership. It has been an incredible event. This was the first in-person Congress in three years and it was so worth the wait. For those who have never attended, it really is the flagship event for ACHE's education offerings. The opening session is always an excellent keynote speaker: this year may have been the best ever, with Jon Meacham giving us an incredible contextual view of where we are and all that history whispers to us as we take these first steps out of pandemic restrictions. We also got to hear firsthand of the inspiring leadership journey of Anthony Armada, FACHE, as he begins his term as ACHE's Chair for 2022-2023.

The days were packed with education sessions, receptions, luncheons, award presentations, networking opportunities, and time to connect with friends and colleagues. For me personally, it was a much-needed opportunity to step away from the routine of the past two years to spend time learning with friends and mentors. It was a true thrill for me to meet Stuart A. Wesbury Jr., PhD, LFACHE. His name graced my business card for a year when I completed my postgraduate fellowship at ACHE though I had not had the chance to meet him previously. I was also reminded of the impact one person can have on the careers and experiences of so many. Garth A. H. Pierce, LFACHE, is one of those people. For many, he embodies ACHE in Canada and his contributions continue to be held in the highest regard. I had so many people ask about him and send their regards as Garth was unable to attend Congress this year. While I have passed on these hellos, it has reminded me of the value of mentors in my own life. They took the time to teach, to model, and to give me constructive feedback. They have shaped my career and me as a leader. They guided me well. Without their investments in me, I would not be who or where I am.



Frances C. Roesch, FACHE, with Stuart A. Wesbury Jr., PhD, LFACHE, ACHE president from 1979-1991.

Thomas C. Dolan, PhD, FACHE, Mimi P. Lowi-Young, LFACHE, Kenneth P. Tremblay, LFACHE, Kevin Sulewski, LFACHE, Gary Tithecott, MD, FRCPC: you have each given so much to me and I am indebted. It is a debt that I can repay through mentorship of others. We each have that opportunity. ACHE has a [mentorship program](#) and I encourage Canadian members to consider joining both as mentors and

mentees. Make ACHE a regular part of the conversation. Show them the value of this incredible organization that will be their professional home for life.



Frances C. Roesch, FACHE, with Thomas C. Dolan, PhD, FACHE, ACHE President Emeritus, and Delvecchio S. Finley, FACHE, ACHE Chair-Elect.

Thank you for the opportunity to serve you as ACHE's Regent for Canada. It is an incredible honor and I truly hope I am meeting your needs and expectations. I would love to hear from you at froesch@gmail.com, or give me a call at 905-521-2100, 76899.



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